L'ANONYME

IRIS - À LA CARTE

WORKSHOPS FOR NEURODIVERGENT INDIVIDUALS

(autism, intellectual disability and/or language disorder)

The Iris project aims to empower neurodivergent youth aged 12 to 35 to develop intimate relationships that are equal, safe and consensual.

TARGET AUDIENCE

People aged 12 to 35 with autism and/or an intellectual disability and/or a language disorder

TOPICS COVERED

Private parts · Health & cleanliness · Masturbation · Pornographic content · Emotions · Cyberspace · Seduction · Safety

DURATION

60 to 90 min / workshop

WORKSHOPS	DESCRIPTIONS
Intimate hygiene	The goal of this workshop is to discuss best hygiene practices for the genital area as well as safe masturbation. It aims to normalize the body's natural reactions and offer practical solutions to various hygiene- or health-related concerns or questions.
14+ **Pornography**	This workshop aims to reduce the risks associated with the intentional or accidental consumption of sexual content on the Internet. It addresses legal and illegal content, the emotions that may arise while viewing such material, and the distinction between fiction and reality.
15+ **Online sexism**	This workshop explores gender stereotypes promoted by the media and helps participants identify sexist and problematic messages. It aims to distinguish between respectful online content and content that is disrespectful, discriminatory, or hateful.
16+ **Online dating**	This workshop covers safe use of online dating apps, communication via text messages, and managing the emotions that can arise from online dating.
Sexual diversity and gender	This workshop aims to define sexual orientation and gender identity and to distinguish between these two concepts. Participants will learn how to interact respectfully with members of LGBTQ+ communities and how to address homophobia and transphobia.

TO RESERVE

education@anonyme.ca

514 842-1488

** IRIS à la carte workshops are subject to a **fee** ; please contact us for pricing **